

January 2024

Newsletter

The Orchard Oracle



**Hello to
a healthy
2024!**

**As we start a new year we
want to begin with our health!**

**Health reviews – What are
they?**

Certain diagnoses require reviews with clinicians.

Who are the clinicians?

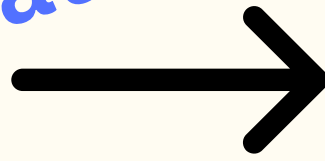
These could be with a GP, nurse, nursing associate, health care assistant or one of our specialist care coordinators. This depends on what is best suited

We may contact you by text or phone to book. It is important that you attend for your review to ensure that we are giving you the best patient care. This includes blood tests or other readings like blood pressure, weight, and height.

Are you due? Have we contacted you? Book now!

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Clinical Pathways



What are they?

Some symptoms can be seen by other healthcare professionals. The triage helps the GP on-call to decide which pathway is best for your symptoms. This includes.....

Our Hub – Based in Allport surgery. You would be given a specific date and time to attend just like your surgery through our triage system.

Walk in centres – Can assess or acute illnesses and minor injuries. Ophthalmology in the community – You may be given the telephone number through our triage.

Local Pharmacy – There are plenty of local pharmacy's who can assist with UTI's, blood pressure checks and some very minor illnesses.

The Miriam Medical Centre – They provide walk in like centre and your GP may be able to book you a specific appointment through our triage system.

Sexual health clinic – Based at St Catherines health centre. These provide an array of assistance including contraception.

Victoria central – Walk in services including x ray facilities.

Every turn – talking together – These specialise in Mental health.

Wirral ways – These specialise in alcohol and substances.



If you are directed to one of these services, this will be because we have found the best pathway to give you the best patient care.

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**Breast screening
programme**

Appointments are now available from 26/01/2024 - 08/02/2024 for patients who are eligible from our surgery. You will receive an invite from the programme themselves (not the surgery) and will be based at the breast clinic.

[Useful links - Chest infection - Please see some amazing advice given by a GP for adult and children](#)

<https://youtu.be/wpQ7UTa6nmA>

<https://youtu.be/-SOhccqJ4dE>

